



Rok Lunch Menu

Cheese Fondue & Other Appetizers

Fondue is \$9.99 per person (two-person minimum) and is served with assorted home-baked breads and crisp vegetables. Your server prepares the cheese fondue table side.

California Dreamin'

Monterey Jack, Pepper Jack, and Parmigiano-reggiano cheeses, white wine, and flavorful herbs

Garlic & Herb Cheddar

Sharp Cheddar, beer, garlic, spices, and creamy herb sauce

Pesto Parmesan

Parmigiano-reggiano cheese, cream cheese, cream, basil pesto, and spices

Classic Swiss

Sharp Gruyere and Fontina cheeses, white wine, Kirsche, garlic, and traditional seasonings

Gruyere & Onion

Sharp Gruyere, white wine & broth blend, cognac, sautéed onions, and spices

Mushroom Bacon Swiss

Gruyere cheese, beef broth, sautéed baby mushrooms, crumbled bacon, and spices

Fondue of the Month

New

Rok Blue Bread 7.99

New

Spinach Artichoke Dip 9.99

Salads & Soup

All salads are prepared with organic lettuce and other organic ingredients.

Steakstone Mixed greens with mushrooms, red onions, cherry tomatoes and gorgonzola with balsamic vinaigrette accompanied by strips of Angus beef on a hot rok 12.99

Polynesian Salmon Mixed greens with, fresh pineapple, red peppers, red onions and coconut with honey ginger dressing accompanied by a salmon fillet on a hot rok 12.99

Rok Chicken Caesar Crisp romaine lettuce topped with rok-grilled chicken, garlic croutons, grated Parmesan cheese, and pancetta 11.99

Soup du Jour cup 3.99 bowl 6.99

Soup & Salad Cup of soup and Citrus, Avocado, Caesar or Mixed Green salad 9.99

Beverages

Root Beer, Sprite, Lemonade, Iced Tea,
Coke, Diet Coke - unlimited refills

2.79

Caffeine-Free Diet Coke (can)

2.79

Sparkling water (500ml bottle)

2.99

Italian soda - various flavors, ask
server for details 1 free refill

2.99

Juice - cranberry, orange, apple

2.99

Coffee, tea, milk

2.79

What is Hot Rok? It's a truly amazing dining experience. Premium entrées are delivered to your table bursting with aroma, seared and sizzling on hot volcanic roks. Each bite is hot, juicy, incredibly delicious...and very healthy too! You begin eating immediately by cutting bite-sized pieces and leaving them on the rok for a few moments until cooked to perfection. Try it and we guarantee you'll be back for more!



Scan for live
demo

Rok is eco-friendly! We are pleased to offer our guests complimentary filtered water along with their beverage selection. We are >75% organic and provide biodegradable take away containers.

Rok Lunch Menu

Rok Express Entrées

If you're in a hurry, we can deliver these entrees in less than 10 minutes. Entrees include your choice of sautéed vegetables, mashed potatoes, rice, coleslaw, or fresh fruit. Additional sides \$2.99. CAB stands for the Certified Angus Beef Brand, the tastiest, juiciest beef available.

Hanging Tenderloin

CAB hanger steak...10.99

Ahi Tuna

From sea to searing stone...12.99

Hawaiian Chicken

Boneless skinless chicken breast served with fresh sliced pineapple...9.99

Homemade Sauces: Chimichurri, Barbecue, Curry, Caper Butter, Mushroom, Ginger Soy, Mango Ginger, Ponzu, Red Pepper Jam, Thai Peanut, Teriyaki, Soy

Sirloin Tip Steak

CAB center tip sirloin...11.99

Grilled Portabella

Feta cheese stuffed giant portabella mushroom with balsamic vinaigrette...8.99

Pork Tenderloin

All natural pork tenderloin w/ applesauce & caramel dipping sauce...11.99

Add a Citrus, Avocado, Caesar, or Mixed Green Salad to any entrée or Sandwich for only 4.99

Steak Complements: Sautéed mushrooms 2.99, grilled onions 2.99, casino butter .99, blue cheese butter .99, and crumbled blue cheese .99

CAUTION – the roks are extremely hot. No matter how tempting, do not attempt to lick them clean!©
Please ensure chicken and pork are thoroughly cooked

Hot Sandwiches & Fajitas

All sandwiches are served on a Hot Rok and come ready to assemble on a 7" home-baked roll with your choice of sautéed vegetables, mashed potatoes, rice, coleslaw, or fresh fruit

Garlic BBQ Rok

Simply Awesome! Thin sliced tenderloin with onions, garlic, cheddar cheese & our homemade tangy BBQ sauce. 10.89

Buffalo Bleu

½ pound burger with spinach, red onions, tomato, cilantro jalapeno mayo and gorgonzola cheese. 10.69

Rok'n Reuben

Fresh sliced pastrami over piled sauerkraut with Swiss cheese, Thousand Island dressing & Dijon mustard. 10.89

Rok Cheesesteak

Thin sliced sirloin with onions, bell peppers, mushrooms & mozzarella cheese with mustard & hot sauce. 10.79

New

Chicken Bacon Club

Sliced chicken on the Rok w/ chopped bacon, Swiss cheese, Ranch dressing, tomato & lettuce 10.29

Fajitas

Chicken or beef w/ rice, sautéed veggies and all the trimmings...13.89

Chocolate Fondue & Other Desserts

Fondue is \$9.99 per person (two-person minimum). Our fondues are made with the finest local and Belgian chocolates ensuring the smoothest, creamiest and most delicious fondues.

Classic Chocolate

Creamy rich dark, milk or white chocolate

Snickers Bar

Milk chocolate, chunky peanut butter & caramel sauce

Chocolate Hazelnut

Milk chocolate & Nutella

Black Forest

Dark chocolate & cherries

Crème Caramel

White chocolate & caramel

Fondue of the Month

Chocolate Truffles

Dark chocolate, caramel, Himalayan salt

Bananas Foster

White chocolate, cinnamon, brown sugar, bananas & rum

Chocolate S'mores

Milk chocolate, marshmallow cream & graham cracker crumbs

Rumba Rok

2 scoops in chilled Rok bowl 6.99

New

Panna Cotta

served in chilled Rok bowl 6.99